

ICR SYMPOSIUM / KENT BOENNINGHAUSEN / CASE COMPETITION

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- Name :- Dr.PSS
- Age :- 60 yrs
- Address :- Mumbai
- Occupation :- Ayurvedic physician

Chief Complaints:-

- Known case of Blepharospasm. Patient complaints of involuntary blinking of eyelids since 6 years.
- Patients had involuntary blinking of eyelid. The patient was fed up of this habit.
- He took shots of Botox frequently in the upper and lower eyelids (intradermal) but of no use. The patient was unable to move the eye around since last 3 years.
- Recurrent numbness and soreness of throat, rawness and sores of throat felt in the morning and on exposure to cold air

Past History :- NAP

Family History :- NAP

Thermal interpretation :- Ambithermal, but liked rainy season

Physical generals :-

- Diet - Vegetarian
- Appetite - Good with easy satiety
- Desire - Sweets
- Aversions - Nothing particular
- Thirst - More
- Sweat - Not marked
- Urine - No complaint
- Stool - Satisfactory
- Sleep - Sleeplessness
- Dreams - Frightful, wakes him up

Mind:-

- Patient was suffering with the complaint from last 6 years. He was examined by several eminent Doctors in Mumbai but no one could tell him the diagnosis.

But one ophthalmologist diagnose the problem and started treating him Botox this medicine is given parenteral and prepared from Botulinum toxin A. the patient had taken 10 doses of botox which was given in both the upper and lower eyelids intradermally. The effect of this injection remained only for 1 -2 months. The patient had also gone for surgery at KEM Hospital Mumbai. He was operated through ear drum for facial nerve needling for getting relief from blepharospasm. The surgery provided very little help. The patient was anxious about the disease.

- He was told that there is not sustainable cure for his problem. At last he thought of taking homoeopathic treatment. When he visited for consultation he was in tears describing his ordeals during the course of disease and treatment. As the patient was himself a practicing physician he knew well about the disease. He had a happy going life he was a grandfather of two kids, but after the disease his life hanged. He used to remain depressed with no interest in life, with this he developed insomnia which again compounded his problems
- He desires company. He is anxious about his family. He is a caring and loving grandfather & father in law. He always teaches his grandsons about good etiquettes and manners. He believes in unity of the family. He had fear of dog, fear of darkness, fear that something bad will happen to him or his family members. Constantly asking whether he could get cured of his disease. He has the question in mind "Why this happened to me". Very anxious and always needs supports of friends and family members

On Observation:-

- Patient was blinking constantly.
- There was drooping of the left eyelid.
- There was a small wart on face.
- The face was slightly distorted.
- Falling of hairs due to injections.