

**ICR SYMPOSIUM / KENT BOENNINGHAUSEN / CASE COMPETITION**

**Dr Ruchi Jain**  
MD Part II, MLDMHI

**Preliminary Information**

Date of Case Recording: 11.6.08.  
Mr TDP, 51, Married, Education-10th, was a fitter for 28 yrs; now has his own poultry.  
Religion- vanzari Non-vegetarian  
Brothers- 5 pt youngest one of the twin brothers Sister- 3  
Son- 14 yrs studying in 10<sup>th</sup> Daughter- 20yrs, 18yrs (D. Ed)  
Address - Kolgaon.

**Chief Complaint**

LOCATION	SENSATION	MODALITY	CONCOMITANT
Left heel Since 2001 Increased since 4 yrs I-mod-severe f-daily d-continuous	Pricking pain <sup>2</sup>  No h/o injury No swelling/ tingling	<pressure <sup>3</sup> <1 <sup>st</sup> motion >rest <sup>3</sup>	
Mind Since 2004 continuous	Worthless feeling++ Suicidal thoughts on and off Desires to be alone+ <sup>2</sup> Decreased sexual desire++ Sleep disturbed Irritable+ restless ++ appetite decreased sleeplessness++ Decreased social contacts	A/F-grief , shock- loss of job  <contradiction+ <sup>2</sup>	
Ear Bil. Since 2yrs	Occasionally diminished hearing No tinnitus	<winters <draft of air	

## **Patient as a person**

**Appearance-** average built, whitish complexion male, type of baldness,

**Skin-** cracks on sole every winter,

Warts on neck

**Perspiration** – moderate no odor no staining

**Craving-** fish<sup>3</sup>, sour<sup>2</sup>,

**Aversion-** milk<sup>2</sup>, curd<sup>2</sup>

**Stool-** once in a day satisfactory

**Urine-** 4-5 times in a day, occasionally in night

**Sex-** desire decreased since loss of job

**Sun exposure** – giddiness

**Thermals-** C3H2

**Family history-** father – Hemiplegia died

**Daughter-** renal calculi

**X ray calcaneum-** normal

**O/e** - tenderness over heel and planter aspect of foot

## LIFE SPACE INVESTIGATION

51 yrs old male born and brought up in middle class family. Father was a farmer, has 4 elder brothers and 3 sisters, he is youngest amongst them. Failed in 10<sup>th</sup> std. left studies due to less interest but now regrets about it. Other siblings completed their education and secure good position now. He worked as a fitter in zenith chemicals for 28 years. Got married 23yrs back wife is quite irritable, arrogant and dominating by nature. He avoids arguing with his wife. He just comes and gives his salary; she only looks after all the household affairs. She is well educated and handles all the responsibilities well. Because of her attitude they had to separate from the family.

Since beginning he is very industrious and sincere at his work. His job was his passion of life; he enjoyed his work a lot. Had good friend circle and enjoyed their company. Has spent best days of life during his working days. Always wanted to be center of attraction amongst his friends. Would read newspaper and gather everyone, share the information. Never hesitated in putting his viewpoint, even had fights over it.

Factory was closed suddenly in 2004 due to financial loss. 300 workers were removed from the job without prior intimation. They all fought for it in the court but

got only compensation money. This was a shock for him, his life got shattered. Since then all his complaints have worsened, had sleeplessness, with diminished appetite. Feels that his life has ended, he is living bonus for his responsibilities. Gets frequent suicidal thoughts, with worthless feeling. Wants to stay alone, sleeps in the farm. Sits alone brooding over the past, even weeps when alone. There were tears in his eyes with smile on his face while narrating this incidence. Stopped going to Boisar where he had his factory, as it reminds of his golden days. Has no contact with his old friends. Feels ashamed as he is not earning much. Does not want to be dependant on any one in future therefore is worried about his health and future. Wants to get cured as early as possible. Now he owns a poultry farm which is running well. But still he is not satisfied with it. Feels that life has come to an end, is stagnated, “life ended in 2004. Feels as if life is a vehicle, petrol has ended and driver has changed. So what the use of living such a life is.”

Even at home feels that attitude of his family members have changed. Now doesn't get the respect what he had. Decisions are being taken by his wife so what's his need at home. When asked for tea wife says “nehmi nehmi chaha magtat”. Few months back there was a good proposal for his daughter but wife did not agree for it. Till today repents for it, has anger for his wife. Feel that in vehicle of life driver has changed. In anger gets restless, feels uneasy with body ache. Cannot forget it easily and constantly thinks over it. Children respect him a lot but still he is worried about his future and do not want to be burden for them. Since then has become restless, irritable least contradiction can not tolerate. Once he takes any decision then it's very difficult to move. Even at this age wants to earn a lot of money and fame. Wants his children to secure good rank. Gets the dreams that his daughter gets 65% but still he is been honored in the award ceremony. Has diverted towards religion and throughout day says “jai bhavani”, to get recognition for his Goddess. Everyone now in village recognize him with this new name, even during interview he chanted it for 5-6 times.

He had to wait for ½ hr before interview, during this period came 3-4 times asking when it will start; was anxious and restless, and reluctant to give the information during the interview.

Challenged me –if I am not able to give him relief within few days then he would leave the treatment and search for a different doctor as he has already changed 2-3 physicians and has no time and money to spend.

**MENTAL STATE:**

A/F GRIEF, SHOCK – loss of job+3

Vexation, anger suppressed- +2

Irritable+3

Anger < least contradiction++

Restlessness with anger, +

Brooding++

Loathing of life with worthlessness+3

Weeping when alone+2

Suicidal thoughts++

Anxiety about future+2 health about his own+2

Anxiety < sleeplessness++

MWD ++ decreased drive since loss of job

Praying constantly