

**ICR SYMPOSIUM / KENT BOENNINGHAUSEN / CASE COMPETITION**

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**Preliminary data:**

**Name:** Mrs. N.N.K      **Age:** 16 yrs      **Sex:** female      **Occupation:** housewife

**Address:** sawarkhand, near manor.

**Introduction:** This female, used to come regularly for ANC check up in our mobile van at Talavali pada. She was of a very reserved, timid nature. Never used to reply anything, except in yes or no. It was very difficult to get any information or complaints from her. She would never allow a male resident to examine her, or be there by her side.

A 16 yrs old primi patient was referred from bhopoli hospital at around 8.30am on 31.8.09, in view of extreme uncooperativeness for examination and assessment.

Patient was brought to bhopoli hospital by her parents at around 7am on the same day, with c/o intermittent abdominal pains and p/v discharge since 3am. As the pains were increasing in intensity, her irritability was also increasing.

**7am:** P/V findings: show+, 3-4 cm dilated cervix.

When brought to Bhopoli hospital; she was not allowing anyone to come close, used to shout when touched. Doing a p/v examination in such a situation was extremely difficult.

Her mother tried to make her understand, even beat her hard, but, in vain. So, it was decided to transfer the patient to Palghar hospital.

On the way, she was continuously demanding for water, was moaning with pains and was getting more and more restless.

When she came to Palghar, she was screaming, shouting and using very abusive words, when p/v examination was attempted. Pains were unbearable to her, < touch, < presence of male physicians, < anyone who touches.

She was holding all her clothes tight and would not allow even her abdomen to be exposed. After a contraction was over she would demand water, a few sips would not suffice though not more than a few sips were given.

When she was left alone she was moaning with pains. But the moment anyone would go close to her and try to examine her she would shout and abuse.

After some time the mother was called in and asked to explain the daughter to cooperate. But, the mother came in and shouting at the daughter gave her a hard slap. Mother also broke a few of her bangles when hitting her. All physicians around were shocked and sent the mother away.

Patient was not shouting now but crying continuously and still would not allow to touch.

**Obstetric H/O:** G1 P1 A0 L0

**LMP:** November, 08

**EDD:** august, 09

**Examination findings:**

**Temperature:** afebrile.      **Pallor:** +      **P:** 86/min      **RR:** 20/min

**BP:** 120/70 MM Hg      **RS:** AEBE, clear      **CVS:** S1 S2 + N

**P/A:** full term      38-39 weeks      Head fixed      Contractions: 3-4, lasting for 30-40sec in 10mins.      FHS regular, 140/min      **P/V:** not allowing

**9.00am:** Remedy X one dose was given

**9.20am:** Pt. quiet, if not touched. Moaning> Asking for water

**9.30am:** Calm allowed to see FHS but pushed the Doppler soon.

Allowed to shave and prepare. Allowed to take i.v. line. Irritability>>

P/V done by female resident: 7-8 cms; 60-70% effaced, 0 to-1 station.

Not allowing any male resident to come near, starts covering parts.

**10.00am:** Responded to male attendant by nodding her head.

Pain intensity> Restlessness and moaning>> Not shouting like before

1 episode of vomiting: profuse, watery, greenish yellow.

**10.20am:** Not allowing for catheterization. Again irritated. Pushed out.

**10.30am:** Co-operative, quiet. AROM done under aseptic conditions.

**11.00am:** Co-operative with female attendant. Bearing down. Continuously asking for water

**12.00pm:** FTND with episiotomy without perineal tear was conducted. Patient delivered a male child of 2.75kgs in vertex presentation at 11.24 am on 31.8.09

After delivery, she was much more amiable. She would allow male residents to examine her during the subsequent visits, though she was a bit resistant; we could make out from her gestures.