

ICR SYMPOSIUM / KENT BOENNINGHAUSEN / CASE COMPETITION

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TRANSLATION OF MARATHI HISTORY FORM INTO ENGLISH

Name- Miss R V G

Birth- at village, Sindhudurg Birth date- 1 august 1983

Caste- Hindu/ Maratha Veg/ Non veg

Tea- 2 times per day Education- 12th standard

Occupation- Initially- Imitation jeweler work. Now- doing beauty Parlour course

Family members- Father- 58 yrs, retired bus conductor. Mother- 48 yrs, is housewife.

Brother- 27 yrs, self esteem person, works in office.

Brother- 23 yrs, is computer hardware worker.

After getting up in morning brush teeth, take bath and drink one glass of water. Then after one hour I eat one chapatti and tea. Then do household works and at 12.30 leave home and go to beauty Parlour. Reach there at 1 O'clock. Take lunch at 3 O'clock. In lunch take 3 chapatti and sabji. Then work in the Parlour. Come home by 8.30. Then after doing the household work at 10.30 have dinner. Sleep at 12 in night.

Complaints-

Boil in mouth and it bursts up and the scar remains on the tongue. It has started 9 years ago when I was in 8th standard. After menarche it has started. Initially boil increased in size and after it burst blackish discoloration has developed. Taken treatment from private physician, but no effect. Boil comes on the tongue and swelling takes place. Then it bursts open. Usually this complaint remains for 3-4 days. After drinking even the water complaints increase. Now since 6 months this complaint has stopped but the scar marks on tongue has remained.

Complaint of coryza and cough. There are more complaints of cough. Cough is dry in nature. Cough comes within a period of month. Now these complaints are since 3 months. While coughing throat and head pains more. Black out sensation in front of eyes. Feel weakness.

Boil on face. White discharge comes out of that and scar remains. Some boils remains on face. Face looks dirtier than previous. Burning sensation in both eyes.

Physical make up-

Height- 5 feet and 2 inch. Weight- 38 kg

I like talking. But speak what is right. Don't like mischievousness. Get Angry easily. I don't do things that I don't agree with, and if I do that then it troubles my mind. Like good persons. I like good things. I trust on Gururaya. Get afraid of any problem. Get tears in eyes very easily. I don't have male friends. I have one female friend. In family and with friend I behave according to my nature. I Think. Till now I didn't have any responsibility and never thought about that.

Sour things and cold drinks trouble me. Usually take bath with hot water and like both atmospheres. I like knitting and mehendi work. In family only father has diabetes.

PRELIMINARY DATA

Registration No-G727 Date: 30/12/08
 Name: Miss R V G Age: 25 Yrs Sex: Female
 Education: 12th Occupation: Student-Beauty Parlour Course
 Religion: Hindu Marital Status-Unmarried
 Father: 58yrs Mother: 40yrs
 Brothers: 2 (27, 24) Sisters: 0 Address: M

CHIEF COMPLAINT(S)

No.	LOCATION	SENSATION& PATHOLOGY	MODALITIES	ACCOMPANIMENTS
1	Tongue ant surface	Black pigmentation 2	A/F- ?	

	<p>lower lip inner aspect since 9yrs</p> <p>Initially Tongue inner aspect of lower lip</p> <p>Now Tongue Mouth Lip Frequency 2/month</p>	<p>black discoloration²</p> <p>Ulcer, pus formation in ulcer healing with scar</p> <p>Taste & Sensation Normal</p> <p>Ulcer²</p> <p>Pain²</p> <p>Appetite decreased</p>	<p>< eating pungent</p> <p>> cold water +</p>	
2	<p>Skin forehead</p> <p>both cheeks remains for 5 days</p>	<p>Acne</p> <p>Macular Pustular eruptions</p> <p>Itching</p> <p>Macular Pustular eruptions</p>	<p>A/F-</p> <p>After menarche Started</p> <p>< 5 days after menses</p>	
3	<p>R/S</p> <p>Throat</p> <p>Since 3 months</p> <p>O sudden</p> <p>D since 3 months</p> <p>For 5-6 days</p>	<p>Pain initially</p> <p>Cough with out expectoration</p> <p>cough dry +</p> <p>Cough in 5-6</p>	<p>< coughing²</p> <p>< night</p>	<p>Thirst ted 1 glass per ½ hr</p> <p>Temple pain</p> <p>During cough</p> <p>Body ache</p> <p>Extremities pain</p>

Continuous For 15days > No complaints Now Throat Since 3 days Nose Since 3 days	Bouts Each bouts Comes after 2-5 minutes No pain Coryza Watery No fever No other go Cough with white Expectoration	< lying down >allopathic Rx only	> warm 2 >pressure 2 >message2 chilly thermally Appetite decreased lethargic feeling Now thirst increased only Since 3 days
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PHYSICAL CHARACTERISTICS

Appearance - Lean

Skin Complexion & Texture - Scars

Discoloration – Spots, Black Eruptions – Papule

Perspiration -Partial – Nose², Upper Lip², Chin²

Appetite - Good, 2 Times/Day Thirst - 1 Glass/ ½ Hr.

Aversions – Sweets³ Cravings - Cold Drink⁺², Fish⁺³, Food Sour³

Stool- Frequency – On 1 Day

Menstrual History- Menarche- 14 Yrs

Menses- Regular, Cycle- 25 Days, Duration- 3 Days

Flow- Moderate, Quantity- 2 Pads/Day, Colour- Dark Red

Odour- No, Stains- No

Before Menses - Pain in Abdomen for One Day

Sleep- Deep Duration- 12 – 8 Might Am

Position - Left Side Talking² Sleep during Screams² Sleep During

Dreams – Religious²⁺

Bus <Vomiting Initially Before 4 Yrs Ago.

COW < Blackout, Giddiness Sun < Blackout Sensation
Drinks -< Cold Cough Sour - < Cold Cough
Thermals- Chilly
Season –Likes Monsoon Fanning: S- 5, W-1, R-0
Covering: S-1 Chaddar, W- Quilt And 1 Chaddar R-1 Chaddar
Bathing: Tepid In All Seasons Woolen: Sweater

HISTORY- P/H- Typhoid at age of 4 yrs. **F/H-Father-** Diabetes Mellitus

PHYSICAL EXAMINATION-Lower Lip- inner aspect- Black Pigmented patches
Face- Cheeks & Forehead- Macular Pustular eruptions
Black scar marks

DIAGNOSIS- 1) Lichen Planus of Tongue 2) Acne Vulgaris
3) Recurrent Pharyngitis

LIFE – SPACE

She is 25 yrs girl born & brought up in Yerala in Sindhudurg district. Family consists of father, mother, patient & one elder brother & one younger brother. Up to age of 4 yrs she spent her childhood in village. Father was a Bus conductor, so shifted to Mumbai along with family. Patient was average in school. She was getting around 50 % marks. She didn't want to go to school. Teacher used to scold her & sometimes used to beat her if she has not done homework. She was getting fear of scolding. So because of fear she didn't like to go to school. She left collage after 12th standard. In home she is irritable since childhood. She gets angry easily whenever asked anything. If suppose her mother tells her to do any work then she gets angry. She is outspoken & back answers to mother. If any work told by mother patient's first responses is No. With father and Elder brother she is having good relations as they are elder. She never back answers to them and gives respect to them. With younger brother she quarrels.

Once her Mother told her to go to Uncle's place. She said no! Then mother told her you listen first as his health is not good so go to his place. If any one says any thing

on road she gets angry & replies to him immediately. Very outspoken. In anger she gets palpitations & coldness of extremities. She gets angry on small matter.

15 days back she was observing a fast. Her Aunty came & said to her mother as today is a day of fast so why you have not made any sweet dish? Mother replied, “whole day I am at home and no one was there in home to bring something at home, so how will I make a sweet dish.” Patient perceived it a taunt to her so she replied, “I don’t have any money so how can I bring it?” She felt very sad & became angry & replied immediately. After anger she feels fear & later weeps. Her body becomes cold & she gets palpitations & trembling of body. If anyone says to her anything she feels angry as she perceives it as a taunt. She tries to talk with that person afterwards, but if that person does not respond then she never speaks with that person.

In society if 4 people are talking & cracking jokes on her then she never back answers to them. She thinks what other people will say to her so she never responds to them. She thinks on that thing for 1 day why that person said like this? Then tells it to mother. Mother says don’t give attention just ignore that and then she forgets.

If her father is sick then she thinks about him, feels anxiety about his health. If suppose her father has gone out at late night and coming late at home then she thinks where he has gone, feels anxiety about him. Her sleep decreases due to anxiety. She chants the name of her Guru. She feels anticipatory anxiety before doing any new work.

She left education after 12th as financial status of family was poor & she didn’t want to study further. After completion of 12th her father sent her to village. She stayed over there for one year along with her Aunty, Uncle & with their kids. She was having quarrels. She was going into farm & doing household work. Later she fell sick & there was no good doctor. She called her parents for sending money, but never demanded from uncle. She never asks for money from anyone except parents. Then she came from village to Mumbai.

After coming to Mumbai she joined a imitation jewelry job along with her friend. At work place she was having arguments with her Boss. Patient used to come on time for duty. Boss used to ask her that why she has come late? Patient would get angry. She used to back answer to boss. She would say I come on time for duty but you never send all staff members from duty on time. She is out spoken by nature. Her friend got married &

pt. left the job. Till 8 years she has done the job. Now she is doing a beauty parlor course. Before joining the course she was feeling anxiety that whether she will be able to do it or not as was spending 25000 on fees.

She doesn't like girlfriend & boyfriend relationship. She doesn't like to talk with boys. She is not having male friends. She is having only one friend since childhood. She shares emotions with her only. She likes cleanliness; if not clean she does it by self.