

ICR SYMPOSIUM / KENT BOENNINGHAUSEN / CASE COMPETITION

Case Presenter

DR. MANOJ N ABHANG

A| Preliminary Information:

Name: Mrs. XYZ

Sex: Female

Occupation: Sweeper

Religion: Thakur (Uttar Pradesh)

Spouse: MR. YXR; 46 yrs; Karagir

Mother: Housewife (Pune)

Brothers: 4; 2 expired

(In all sibling patient is 5th number)

Date of Case Taking: 24/4/2009

Age: 38 yrs

Education: 7th Pass

Status: Married since 1986

Diet: Mixed

Father: Expired

(when patient was 7-8 yrs of age)

Sisters: 4

Children: Daughters: 3; No Son

B| Chief Complaints:

Sr no	Location	Sensation	Modality	Concomitant
1.	Respiratory System Since 2 weeks O: Sudden F: Continues Larynx to Pharynx to Nose Since 5 days Left side Throat	C/o Started with Hoarseness of voice3+ Sneezing+; Cough2+; Watery discharge; No Fever or chilliness Pain Pricking2+	A/F Dust3+ Swallowing anything3+	

	↓	↓	↓	↓
	M.S.S.Y Rt Knee to Lt Heel to Rt Elbow to Rt Wrist to Rt Hand Since 3 days (Right to Left)	Pain ³⁺ Swelling ²⁺ With unable to walk with restriction of movment ³⁺	<Evening ³⁺ (5pm to Night) <Rest ³⁺ <Draft of Air ³⁺ <Ascending staircase ²⁺ >Movment ³⁺ >Sleep during ²⁺ >Warmth ²⁺	Dryness of throat ³⁺ Thirst increased small & often (½ hrly ½ glass) Of cold water ³⁺ Sleepiness+ Appetite decreased ²⁺ (gets hunger but when sees food desire decreased)

C] Associated Complaints:

Sr no	Location	Senstaion	Modaliy	Concomittant
1.	G.I.T Esophagus 1 st part 4 months back D: 2 month Continuous	1 st bite of food gets stuck up with unable to get relief even after drinking water	<Eating while ³⁺ >Movement ³⁺ >T. Rantac ²⁺	

D) Patient as a person including Physical reactions:

- 1) Stocky built with wheatish complexion
- 2) Skin: Cracks²⁺ <Summer & Rainy weather (Painless & Non bleeding)
- 3) Wound healing: Normal
- 4) Perspiration: Moderate; <Exertion²⁺; Forehead, Neck, Nose; Non staining; No odor
- 5) Craving: Egg, Meat²⁺ (both earlier²⁺ now +); Spicy²⁺, Sour²⁺, Spicy²⁺
- 6) Aversion: Sweets³⁺
- 7) Habit: Tobacco mashery 2 times since 15-20 yrs
- 8) Stools: Satisfaction (only if uses mashery for cleaning teeth daily)
- 9) Menstrual History: FMP: 17yrs; LMP: 1/4/2009; Regular; Cycle:28-30days; Duration:3days; Flow: 1st day profuse; then moderate; Dark-red; Menses before<³⁺: 1 day before: Low backache, Hypogastric pain³⁺; have to lie down& can't work (F: 50% of the time, I: severe); >Lying down, >pressure,>Warm water application³⁺
Menses during>³⁺
- 10) Sexual function: Normal
- 11) Patient's Obstetric history: P3G3FTND; Daughter: epilepsy after 8yrs of age
- 12) Sleep: Duration: 12am to 5am; Position: on left side; Unrefreshing; <Slightest noise²⁺
- 13) Dreams: Routine
- 14) Riding in car <Nausea³⁺ (Long traveling)
- 15) Sun< Headache & Dysnoea²⁺ since 1-2 yrs
- 16) Thermals: Ambithermal
 - Summer<²⁺ -Perspiration since 2 yrs
 - Fan: Full Always
 - Covering: Thin- Summer & Rainy; Thick- winter (Never on face & head)
 - Woolen: Never
 - Bath: Hot always
- 16) Past History: High grade fever at 18 yrs of age
- 17) Family History: Mother: DM & Asthma

E] Life History:

A 38 yr old female having stocky built & wheatish complexion came in the OPD with limping gait because of her severe joint pains and swelling. She is working in S hospital as “MAUSHI” since last 8 yrs in Oncology department. She looked very silent & gave data very calmly despite having severe joint pain with restriction of movements.

Basically “Thakur” from UP but born & brought up in Pune; as her grandmother had migrated long ago, to pune and worked as daily wage worker. She completed her education in pune from Marathi medium school till 7th std. Father was a truck driver & mother was a housewife. In all; they were 4 brothers & 4 sisters patient being younger (5th born child). Father expired when patient was 5/6 yrs of age hence does not remember anything about him. Later on mother took over & elder sisters also helped by working on daily wages. They were very poor so sometimes there was a struggle even for daily meals. There was a strong bond between all siblings who always shared things among themselves e.g; if 3 chapatias were available then, kept some food for the person who came late, so not many difficulties were felt or expressed during that phase.

Later on due to poverty she couldn't continue education. Prior to this she used to work part time & purchased books. At 14 yrs age there was a married man who proposed & wished to marry her & narrated his story - ‘He got married at very early age; wife is psychiatric patient etc.’ She got sympathetic towards him, decided to marry him. Her Family was against it & expressed unwillingness. Patient was firm on her decision & even declared that she is going to marry him, even if any problem arises e.g “if he leaves me then I will not come to your door for any help’. Later due to economic crisis mother asked her to call that person for economic help. Patient was against that & replied in anger that ‘You are doing SAUDA of me if you are against the marriage why you are asking help from him? Later that man died because of heavy drinking when he was in other town; patient couldn't go as parents did not allow & it was very far away. Pt. felt very sad, aggrieved but parents ignored it & told not to get affected as he was not a good person. For few days she suffered, later forgot it and got over the incident.

After marriage the economic condition was good & different as compared to maternal side, yet she continued working in hospital to earn; as she likes to take her own decisions & not to be dependent on anybody for decisions & daily expenses. She described her nature to be very firm, once she decides to do anything then she does it at any cost. E.g: wants to buy something which she liked then, even if husband or anyone refuses she buys it by arranging money from anywhere. So many times clashes occurred with husband but she ignores, said “what she does is right”. There she described one incidence where her 2nd daughter wanted to marry a guy of different cast so she told patient. Husband was against it but patient called him home, assessed & found him to be a good guy. So she finalized and married them off in court, without informing husband. Husband did not talk for a week but she never bothered about him & said whatever she has done is right as later Da would have elope & reputation of whole family would be lost. Now Da is happily married & living well.

Even in family (maternal) her younger brother was about to do love marriage for which parents (i.e patient’s mother) were against. But patient stood by him & supported as she found the girl to be good. Mother accused her by saying that she has encouraged brother. Patient got extremely angry & replied that “your own sons are sufficient to spoil your home, from now onwards you are dead for me & I’m dead for you”. Since then patient has not talked with Mo until now. Even when Mo was severely ill many people tried to convince her to come & see mother but she never went. Few months ago when Mo was serious she went but did not go inside house as said once she stops the relation then never goes to that person again”.

She never listens to anybody’s call said “I think I’m doing right thing” so mother & other family members usually do not consider her for any decisions, rather avoid telling her anything.

She is very reserved by nature; never shared feeling with anybody. Even has 1-2 friends, they share their feelings with her but she never does.

F] Family & Past History:

Mother: DM, Asthma

Patient at 18 yrs of age High grade fever

G] Physical examination:

Temp: Afebrile

Pulse: 84/min

RR: 16/min

BP: 110/80 mm of hg

Conjunctiva: pink

Throat: Thick white coating

RS: NAD

CVS: NAD

CVS: NAD

MSSY:

Location	Tenderness	Warmth	ROM	Swelling
Rt Hand IP & MP joint	2+	+	Restricted	2+
Rt Elbow	+	-	-	-
Rt Knee	2+	2+	Restricted	2+

H] Investigations: 24/4/2009

Test	Value	Test	Value
Urine R:		Hemogram	
Pus cells	1-2	HB	10.7
Calcium crystal	2+	RBC	4.93
Epithelial cells	8-10	All red blood indices	Lower side
ESR	48	RDW-CV	17.7
CRP	2.60	Anisocystosis, microcytes,	

ASO titre	200Iu/ml	hypochromia	
	Borderline	WBC	8200
	Positive	N70L25E2M2B0	
Uric acid	5.43	Platelet	3,34,000
RA Factor	Negative		