

Boenninghausen 3

ICR SYMPOSIUM / KENT BOENNINGHAUSEN / CASE COMPETITION

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Preliminary Information

Date of case taking: 15/11/08 Name of the patient: Mr. J.B.T. Age: 31 yrs.

Sex: male Religion/Caste: Hindu Status: Married since 3 yrs.

Education: Dip Electrical eng. Occupation: Scientific Assistant in TAPS.

Mother: 58yrs. Father: 60 yrs. (Retired)

Brother: 1, production engineer Sister: 1, B.A. married (pune)

Spouse: 27 yrs, House Wife. Son: Daughter: 3 yrs.

Address: TAPS, 304, NPCIL, TARAPUR.

Chief Complaints

Location	Sensation	Modalities	Accompaniments
R.S NOSE Since 3 yrs. Increased since 1 yrs. F: daily Frontal head.	Cold, coryza2+ Obstruction 2+ (block) Sneezing2+ (PND).Thin, white, discharge. Difficulty in breathing+ Pain 2+	< night 3+ < 8 – 10 a.m. 2+ < dust 3+ < cold weather 3+ < steam inhalation 3+ < summer 2+ >fanning 3+ >open air 3+ >rainy weather2+	Perspiration + Sleep disturbed 2+ App – normal Thirst – normal

		>being occupied3+	
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Associated complaints

G.I.T abdomen			
Epigastric region	Burning2+	< oily food 3+	Headache 2+
Since 1-1/2 yrs	No sour eructation	< spicy food 3+	Thirst increased 2+
	Nausea 2+	< tea 2+	Dryness of mouth
	Occ vomiting	>vomiting 2+	No weakness.

Physical Characteristics

Appearance: Average height, stocky.

Skin : Wounds, Healthy-normal

Perspiration: General – Profuse2+, partial – head +, back+.

Digestion: Appetite: normal Hunger: NAD

Aversions (A): Sweet 2+ CRAVINGS (c): chicken 2+

Eliminations: Stool: Once in a day – semisolid, satisfactory. Urine: 2-3/ D

Sexual function: Normal.

Sleep: Disturbed, due to physical complaints. Dreams: no.

Motion & Position: Bus <³⁺nausea, vomiting

Meteorological: Sun- x Fan: wants fast in all season.

Covering: S – x, R – shawl, Winter – 1 blanket.

Woolen: NAD. Bath: Tepid: all season. C2H2.

Food and drinks: < milk3+- vomiting. < egg 3+ - loose motion, < oily food 3+

Past History: NAD.

Addictions: beer: every Saturday. Cigarette: 2/ day

Physical Examination

T - 98° F P – 80/m R – 20/m B.P: 130/80 mmHg

Conjunctiva: Normal Nails: Normal

Respiratory: NAD Nose: b/ l turbinate congestion2+ Air entry: BE

Per abdomen: NAD, soft CVS: NAD Heart sound: S₁S₁ Normal CNS: NAD

Investigations: not done.

Diagnosis: Chronic Allergic rhinitis & sinusitis, APD

Life- Space:

31 yrs male, stocky, dark complexion came in OPD for medicine. He was born and brought up at Pune, along with his two elder brothers and a sister. His father was a worker in some industry at Pune. Father is very strict by nature. Mother is very loving and caring.

During school days he was average in studies. He never took part in extra-curricular activities. he usually avoided going on stage as he has fear of stage, fear of performance. His IPR with all people is good; he did not have any close friend but he talked to everyone in class. He used to play volley ball, cricket, during college days, also used to participate in inter- college competition. Pt said, “I used to take part in competition but never won it”. Usually he used to get 60% marks in exams. In 10th std he got 60% and in 12th std 52% marks. After 10th he took science as it was told by his father and 12th he took diploma in engineering. His brother’s and sister’s educational decisions were also taken by his father only. All the siblings are also well educated.

His childhood was very happy, as nothing painful happened in childhood. After diploma he started searching for a job. For 1 yr he did job in pune, finally he got job in private company. His father also agreed to join as he knew that the company was good. So, continued there for a year. Then he got job in TAPS as assistant scientist.

Now since 3 yrs he is living at Tarapur along with his wife and daughter. He got married 5 yrs back. Wife has left her LLB studies after marriage, now she is doing BCA.

Acc to patient he is very lazy, always wants lie down or watch T.V. or move outside. His wife always complains that he never keeps his things at proper place. Patient likes to play with his daughter.

As they are living in company quarters, he has many friends. Patient plays cricket and volleyball with them during weekends. Patient's wife told him to leave smoking for their daughter, but then also he smokes outside.

During interview, he had stammering. Patient is very happy in his life.

Mental state:

Anxious 3+ Anxiety anticipatory < 3+ Fear of stage performance

Intelligence average MWD average Behaviour – Lazy Speech - Stammering