

**OBJECTIVES**

1. LEARNING Homoeopathic management of Urticaria.
2. PERCEIVING Psycho-somatic co-relations in a patient with orthodox values & belief in supernatural influences.
3. LEARNING to arrive at Materia Medica Correspondence by identifying the Characteristics in a patient with plethora of symptoms.

**DIRECTIVES**

1. State your understanding of the Mental state.
2. Construct Totality, select suitable approach & discuss your Correspondence with Mat. Med. Differentiation.
3. State your entire plan of Management with reasons.

**BACKGROUND INFORMATION**

My Surgeon Friend had referred this patient as the patient had not responded to allopathic line of treatment & was constantly under some or other medicine till date. Also the patient was not able to attend his work because of his complaints.

**EXHIBIT I - (Translation of history submitted in Hindi)**

**Preliminary Information:**

Name: Mr. A.G.P

D.O.B: 8/8/66 (Time 5.15 a.m.)

Sex: Male/Married

Religion: Hindu/Rajasthani.

Vegetarian.

Habit: Occasionally drink tea.

I have studied only up to 7th standard, wherein I studied up to 4th standard in Rajasthan & 2 years in Maharashtra. I left school in 7th std. without completing it. Present occupation is ladies cutting & in the past Gent's cutting. I am not satisfied with my work. I am not satisfied with my responsibilities.

Present family life is happy. In my house, we are 4 Brothers, Father & Mother. Father is 60 yrs. old & Mother is 55 yrs. Elder Brother is 35 yrs. & his wife is 30 yrs. They have 2 children-- 1 son & 1 daughter. 2nd is myself & my wife. I have one son. 3rd Brother is 24 & his wife is 20. They have 2 sons. Youngest Brother, who is studying is not married. One sister is 20 yr. & the other is married. Relations amongst family members are good. Elder Brother is a goldsmith & younger one is having Gent's cutting saloon. We all stay together.

**Daily Routine:** On waking up, I suck one lemon & have 1 coconut water due to my complaints. Then I take Ayurvedic medicine. Then I have my breakfast. Later, I help my elder brother in his work. Then at 11 am I leave for the shop. I come back for lunch by 3-4 p.m. Sometimes I rest for a while, sometimes I do not. Then I return back to shop. At 8.00 p.m. I close the shop & return home. After sometime, again join Elder brother & help him in his work. In between I have my dinner & then retire to bed around 11-12 p.m.

after drinking milk. My financial status, responsibilities, occupation & social life are all good.

**Chief Complaint:** My complaints started 6 months back. I used to have pain in upper part of the abdomen & later burning started. Then gradually my motions stopped being satisfactory. So I took treatment for it. Abdominal pain used to subside only after taking injection from the doctor. There was no relief in burning with Doctor's medicine. In fact it went on increasing. Then Dr. advised me to have Endoscopy, which showed "Mild Ulcer" in 1st part. After this, burning in legs started. I used to take Allopathic as well as Ayurvedic medicines. This burning initially used to start in the morning on getting up & later started remaining till afternoon & as it worsened further, used to increase during night. When the burning subsides, I get red blotches with itching on my body. I have perspiration at that time along with anxiety. The blotches start from neck, go to the ears & then spread all over the body. Then lips swell too. Then, twenty minutes after taking CZ tab. for allergy, all the blotches disappear & I feel very sleepy. Also there is numbness of hands & legs. I am not left with strength to work.

**Conditions that increase the complaints:** My workload had increased & after that only the complaints have started. As my Elder Brother had fallen sick, so I had to look after his goldsmith's work as well as my shop.

**Physical Description:** I am neither too fat nor too thin.

**Emotional Nature:** I am quite calm by nature. I don't like too much noise. I am 5'8" tall & Weigh 50 kg. When I work for long then I have this complaint. This complaint starts at night with itching. It is there every day. It also occurs after stools in the morning.

**Reaction to surroundings:** Whenever I see any incidence, then I start trembling & the impact lasts for a long time.

**Food:** I like all vegetarian food. But green vegetables for e.g. moong dal, Palak, Turi etc. increase my complaints. I like apple & sweet lime juice. I have all drinks without ice. I have bath with cold water. I don't like entertainment. No habits.

**Sleep:** Sleep is occasionally good. Dreams are sometimes frightful sometimes religious.

**Sex:** Not much - 1-2/month

**Past history:** 14 yrs. ago I had same complaints. I had to stay in Ashram for 3 months. All of a sudden the complaints disappeared.

**Family history:** Father is having Diabetes since 14 years. Mother is having Diabetes since 6 months.

**Other information:** Feel anxious with complaints. Get headaches for which I take tablets & I have taken these tablets a lot, earlier also. I had a small operation for Hernia

12 years ago. That time I had pain in abdomen with difficulty in passing gas & constipation. Now burning in stomach is more with uneasiness & gas does not pass.

**EXHIBIT I - ( S.C.R. )** Date 16/10/98

**Preliminary Information:**

Name A.G.	Date Of Birth 8/8/66	Age 32
Sex Male	Education 7th Std.	Occupation Barber
Status Married	Religion Hindu	Diet Vegetarian
Spouse Name Mrs.L.G.	Age 24	Occupation H.W.
Father 60	Mother 55	Brothers 3    Sisters 2
Sons 7 Years	Daughters -	

**Chief Complaints:**

LOCATION	SENSATION	MODALITIES	ACCOMPANIMENTS
Stomach  Duodenum  Since 6 Months F: Daily Dur:5 Minutes To 2-3 Hrs  ↓ ALTERNATING	Pain++  Burning++ Heaviness Of Abdomen	A/F Increased Work Load3 < After Stools2 < MORNING3 > Allopathic Rx2 Not > Hom. Rx Not > Ayur. Rx	Eructions Offensive  Unsatisfactory Stools
Skin Starts from scalp & spreads to whole body	Burning2 ITCHING3  RED RASHES3  Swelling Of Lips++	< 3 a.m.2 < Undressing2 > Fan2 < Morning After stool Not > cold / hot water > Tab Cz 2	BREATHLESSNESS TREMBLING PERSPIRATION Weakness2 (Not able to work properly)

**Associated Complaints**

General 14 years ago Contd. for 1-2 years	Giddiness2 Darkness B. Eye Trembling of whole body	> on its own	Redness of ears Eruptions on Scalp
Mind & General Relapse after 1 year Contd. for 7 Years	Giddiness++ Darkness B. Eyes trembling of whole body Breathlessness	Not > allop. Rx Not > Black magic >STAYING IN ASHRAM	Redness of ears Eruptions on Scalp Vomiting(occ.)offensive3 & occ. with blood Vomit containing Clove & Jav for 3months

Then Again C/o Started.	As if in a Spell Violence Feels as if crowd of children & old people coming towards him. Feels as if someone is killing him.	> Staying in ashram for a week	
HEAD	Pain H/O	< Cold Food < Cold Weather	

### Patient as a Person

Height 5.8                      Weight 50  
 Cracks X                      Coldness Partial: Palms & Soles < Anxiety  
 Perspiration Partial Forehead, Face, Back, Odors Offensive, No Staining Fast  
 Appetite N                      Hunger No < Craving : Sweets Aversions :Nothing Specific  
 Stool Soft Unsatisfactory  
 Urine Difficulty : Pain < D. Urination ,< Allopathic Rx ,> Increased Intake Of Water  
 Sex Desire : Less Since 2-3 Months Frequency : Twice/Month  
 Concomitants Coition D.: Pain, Burning      Coition A: Weakness

### Life Space Investigation

The pt., Mr. A.G., a 32 years Male married since 8 years, belonging to marwadi (barber) community came with c/o Urticaria & Duodenal Ulcer since 6 month. The pt. was born in Ulhasnagar, whereas father is basically from Rajasthan. During partition, Grand Father migrated from Pakistan to Rajasthan & came to Ulhasnagar for business purpose. The family consists of father, mother 3 brothers & 2 sisters. As the difference between him & his younger sister is only 1yr. & as mother was finding it difficult to handle both the kids, she had sent him to Rajasthan with his grand parents, when he was 1yr. Old. He has spent his childhood in Rajasthan with his grand parents. He was very much attached to grand father & thus whenever his parents used to come to Rajasthan to visit them, he used to hide himself & would never go to mother, as he felt she would snatch him away from his grand father. He has completed his studies up to 6<sup>th</sup> standard in Rajasthan. When he was in 5th standard once he felt giddy in the class, with darkness before eyes, with extreme weakness which lasted for 2-3 days & then was better without any medication. After Completion of 6th std he came to Ulhasnagar for further studies & business purpose.

Father is 60 years, highly irritable person -- wants things to happen according to his wish; had male hair cutting saloon which is now looked after by younger son. Mother, 55 years is very loving & caring women. Pt. Says that "I never liked her when I was a child because, I always felt she would snatch me away from my grand father". Even after shifting to Ulhasnagar, he used to stay with uncle & loved aunt more than mother. Thus his mother used to always cry because of this attitude of his towards her. Now he is very much attached to her & is anxious about her health. Elder Brother, 35 years, married, staying with them, is goldsmith by profession & is now doing wholesale

business. He is highly irritable like his father. Pt. is very much attached to this brother. This brother is his best friend, his father, he is everything for him & pt would do anything for him. Pt. Likes to move around with this elder brother, Likes to spend much time with him, shares all his feeling to him. Thus, sometimes there is conflict between pt. & his wife, as he prefers to go out with brother & not with her. Also, now pt. is planning to open a showroom for his brother & would see that in future pt. would join with him in his business. 6 months ago, the brother was suffering from jaundice & is not keeping well till date. Thus pt. is looking after his business including self's. Thus workload increased ++ since 6 months.

1st younger brother initially had ladies beauty parlor & now shifted to gent's cutting saloon since 2 years & made pt. to look after the ladies beauty parlor. This brother is also irritable by nature & thus has always conflicts with father, wherein pt. has to take role of middle person to see that the matter is settled.

Younger brother (2) is now in college, calm & understanding by nature, attached to patient. Younger sister is also calm by nature & very much attached to him. Her marriage has been fixed & is in coming December. But as elder brother is not well, pt. will have to take up the whole responsibility of her marriage.

Wife, 24 years is calm & loving. The only reason of conflict between them is patient's refusal to take her out. Pt. feels that she is modern women & if he goes out with her then if she speaks a bit loud or because of her gestures people will look at them, they would comment on them which he doesn't like.

After coming to Ulhasnagar from Rajasthan, initially pt. found it difficult to adjust to this lifestyle of Bombay. He took 3 years to adjust to this routine. Also uncle (father's sister's husband) was working with father---> this uncle always felt that pt's father is very rich & was jealous about the same. Thus, this uncle has done black-magic on this family & pt. & his sister were the prey of this black-magic. Pt. & his sister both were suffering from abdominal pain with breathlessness & also certain delusions ---> as if someone is coming to kill him; as if crowd of children & old people is coming towards him. Also had vomiting which was very offensive & sometimes with blood & once in vomiting he saw clove & jav, which was not ingested. Also he said that he used to bend iron bars though he was thin & weak. His parents took him to various doctors, also tried various "babas" & "peers" but no response. Thus, he was again sent to Rajasthan where he was shifted to one ashram & stayed there for 3 months. Maharaj of that ashram told them that his uncle has done black-magic on the pt. & he should be kept isolated from all the family members. Thus during those 3 months he was not allowed to see even his parents or grand parents. He was much better after that. Again after 2 years, breathlessness started & again he went to ashram & stayed there for a week & during that time Maharaj told him this would be fluctuating for 9 years. Also when he was in ashram for a week; he saw a dream that he is visiting that uncle's house & that they all are locked up in room & the whole family of theirs is shouting & screaming. The very next day he got the news that the uncle's son has expired.

Now, the pt. is looking after Ladies beauty parlor of his younger brother since 2years, but is not at all satisfied with his job. Initially he was working with father in gent's saloon but 2 years ago on persistent insistence of his brother, he diverted himself towards ladies beauty parlor & the brother is looking after Gent's saloon. When he was with his father, during that time he used to visit ladies parlor occasionally. Thus knew all

ladies hair-cut, but was always afraid of doing pumming. But now as there is no one else, does it successfully. Also he is very perfect, about his work. Feels though he may have to spend more time with a single customer, but he should be perfect in his work. He is not happy at all with this profession as he feels it's of low-dignity to do hair cutting & look after ladies beauty parlor, he was happy working in gent's saloon. Thus, now he is planning to have business of their own for elder Brother & would join him, once things settled. During the interview while talking about work area & also about not going out with wife, he repeated 2-3 times that "Do any thing, but with respect (Izzat) ". Thus, also whenever there is any fight/conflict within family, he would see that the matter is settled down fast, as neighbours or anyone else except the fly members should not know about the same.

Also the pt. is very much anxious about his health, about family member's health. A month ago his wife got abdominal pain due to menses, he was very anxious during that period, but once the solution was there, he was relaxed. He is anxious whenever he starts with any new work & thinks whether I would be able to do it or not. He doesn't like fights & loud noise. Thus he prefers to stay in Rajasthan because there is no noise pollution over there. Whenever, he is angry he walks away from that place.

**Additional information :- (14/11/98)**

Pt's sister has consulted Supervisor's wife for her complaints & during the interview has revealed certain family problems. The elder sister stays in Agra. Her H runs a beauty parlor there. Few months back he had (? Has) an affair with one of his partner who tried to force him to marry her. Sister used to telephone here almost daily, had come to stay with these people for sometime. B-I-L came & convinced about himself & sister has returned to Agra. She has taken help of a lawyer who has assured her that under no circumstances the other lady can marry her husband. The family is still quite tense about the whole issue. This is a 1st incidence of this kind in the family.

**Sleep** Normal Jerks +

**Dreams** Sees dead grand father alive

Sees lord Ganesh & prays him that he doesn't want this business & cries

Sees mahatma & prays him that he doesn't want this business & cries

Falling from a water-fall, calls name of God & sees that he is saved

**Reactions Physical Factors**

Sun No Agg Fan S/W - Fast/1 <+2 Headache Air Conditioning < Coldness of Ext.

Covering S/W -Thick Godhadi/Thick Godhadi, Doesn't like buttocks to be covered.

Woolen Sweater in Winter Bath Cold Summer Hot Warm in Winter **C3H2**

Light Doesn't Like Noise Doesn't Like Odours Doesn't Like

**Past History:** Jaundice Operated For Hernia

**Family History:** Diabetes Mellitus: Father, Mother Jaundice: Brother

**Physical Examination** B.P. 110/78 Conjunctiva No Pallor Throat NAD Tongue NAD