

ROTP in Psychiatry

The Department of AYUSH has initiated this programme for the benefit of the teachers to get oriented with the subject of Psychiatry.

Foundation of the Programme

The need is for integration between the disciplines of Modern Psychiatry and Homoeopathy. The modules try to build bridges and point the way for the teacher to undertake his / her own private study. The modules cannot impart information and facts which can best be picked up from the texts. The course shall be based on a demonstration of the clinical material and clinical processes, the foundation of which may be explored in the academic sessions.

Keeping in mind the situation / demand of the time; Psychiatry ROTP was designed with some specific objectives.

Objectives:

The teacher shall strive to enable the learner to –

- (i) Recognize the importance of social, mental and physical health and its adaptability in the context of health while practicing homeopathy
- (ii) Practice psychiatry ethically and instep with principles of healthcare and philosophy of homeopathy
- (iii) Describe aetiology, principles of diagnosis, miasmatic analysis and management of common psychiatric problems in adults and children with the knowledge of homeopathic principles and therapeutics
- (iv) Demonstrate empathy and holistic approach towards mentally ill and exhibit interpersonal behaviour in accordance with the expectations of the society.

Module 1

Psychiatry as a medical discipline: Historical evolution and scope. Homoeopathic Psychiatry as an emerging discipline. Normal and Abnormal mental phenomena and the significance and meaning of the Characteristic mental symptom. Signs and Symptoms of Mental disorder: Clinical and Repertorial representation. Psychopathology and Psychodynamics in the light of Hahnemannian Pathology. Personality and Temperament: Personality disorders – Paranoid, schizoid, Dissocial, Histrionic, Avoidant, Dependant, Passive, Aggressive. Classification of Psychiatric illness: Integrating the Clinical and Homoeopathic approach. Mental health Act

The first module was planned from 24th March 2008 to 29th March 2008. It was spread over eight different sessions in which all the components of basic psychiatry were covered from the historical evolution of mental illness to repertorial representation. The Resource Persons were well known persons from the academic, clinical and research areas of the subject. The topics covered were as follows:

<i>No</i>	<i>Topics</i>	<i>Presenter</i>
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1.	Psychiatry as a Medical discipline: Historical evolution and current perspectives-Western and Indian	Dr. Mahesh Parikh
2.	Homoeopathic Psychiatry as an emerging discipline: Prospects and possibilities Introduction to the principles of Psychodynamics	Dr. K. M. Dhawale
3.	Signs and Symptoms of Mental Disorders	Dr. K. S. Ayyar
4.	Conceptual models to understand psychiatric disorders with special focus on the Cognitive model:	Dr. Arvind Bhawe
5.	Characteristic Mental Symptom: Elicitation, Recognition and place in the Homoeopathic totality	Dr. Manoj Patel
6.	Personality: Its nature, assessment and clinical application	Dr. Shubha Thatte
7.	Classification of Psychiatric disorders	Dr. Nilesh Shah
8.	Hahnemannian classification of Mental illness and its implications. Temperament: the Homoeopathic perspective	Dr. K. M. Dhawale
9.	Application of Psychodynamics in the study of Materia Medica	Dr. Bipin Jain
10.	Psychopathology and Pathogenesis: Practical aspects and demonstration;	Dr. Anukant Mital
11.	Analysis of Mental symptoms: Clinical and Reportorial representation	Dr. Ashok Dhandukia

Methodology:

Most of the presentations were covered either by demonstrations or Assignments and advanced working submissions were sought. Case studies integrated the clinical & academic experience of the resource persons. The participants were dispersed in groups where they discussed amongst themselves, followed the guidelines and derived and presented the conclusions. Net and library facility was available for the references.

Group Response:

14 Teachers from various colleges all over India attended the ROTP. All the group members participated actively in group discussions raising important queries from time to time. At the end of the each session all participants were found to be satisfied with the programme. They have appreciated the approach to teaching mental illness which always remained an enigma for most. They enjoyed reading through various source books, repertory as well as materia medica.

From their daily reports it was clear that the each presenter was able to satisfy the basic knowledge of mental illness to a great extent.

What we would like to do in second module?

Module 2

- Homoeopathic Case taking in Mental disorders: Principles and techniques.

- The Diagnostic process for a Homoeopathic Psychiatrist.
- Psychiatric aetiology and Homoeopathic causation: Correlations. Diathesis and Stress: the concept of Reaction and Reactive disorders.
- Organization of Psychiatric Outpatient and Inpatient services in a Homoeopathic set up
- Psychiatric Research with Homoeopathy: Nature and Methodology

Second module of Psychiatry ROTP Dates are from 16th March to 21 March 09.

Department of Psychiatry
RHH , Palghar