

**Symposium Kent Boenninghausen/ September 09/  
Niraj/Khushboo/Bipin**

**OBJECTIVES:**

1. Learning to Understand role of parents handling in Development of Child Psyche.
2. Learning to Experience Role of Environment Vis a vis individual Sensitivity in making and breaking of his/her Self Image.
3. Learning to Understand Role of Aggression directed with in and with out in evolution of the suffering of individual.
4. Learning to Understand Importance of Case Receiving & Gentle Confrontation in Psychiatric Disorder.
5. Learning to Understand Management of Family Environment & Counselling of Patient in final out come of the case
6. Learning to Understand Utilization of Kentian Concept of Totality & Repertorization for Solution of Case.
7. Learning to Understand Differential World of Materia Medica.

**DIRECTIVES:**

**EXHIBIT-1 & 2 (HISTORY FORM)**

1. Give your Complete Psychiatric Diagnosis.
2. Write down in detail why the patient is suffering.
3. Prepare LST & Feel up Mental State Pages
4. Select Your Approach & repertorise the case.
5. Give your Final Remedy with Differentiation.
6. Give your Complete TPD-TPR.

**SEND YOUR WORKING TO:**

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**EXHIBIT-1**  
**Translation of original Gujarati history**  
**(Written by parents)**

Name: VSV                      OB : 25/10/1991                      Male                      Unmarried  
Cast: Hindu/ vaishnav baniya                      Pure vegetarian                      No addiction  
Education: 11<sup>th</sup> pass.

I Got 79% in SSC & 52% in 11<sup>th</sup>. Then didn't give 12<sup>th</sup> exam. Didn't like going to school and studying.

Currently have joined a certificate course in Indo-German tool room since Feb. 2009 at Ahmedabad. Staying at maternal grandparent's house from where college is 45 min away. Wake up at 7.00 am and go to college by 7.30 bus, return in 6.00 pm bus and reach at 7.00 pm. Take dinner at 8.30. then listen to songs and play games in mobile and then sleep.

Family members:

Father: SJV- 48 yrs. Has retail shop of specs

Mother: JSV- 46 yrs. housewife

Sister: DSV – 11 yrs. Studying in 7<sup>th</sup> std

Grandmother: VJV – 75 yrs

Uncle: PJV- died when 39 yrs in a car accident in '95

Aunt: SPV – 52 yrs. Teacher in school since 13 yrs

Cousins: brother: VPV – 23 yrs, MCA 5<sup>th</sup> semester

Sister: SPV – 16 yrs. Studying in 12<sup>th</sup> commerce

I have no financial responsibilities. There was no difficulty before 10<sup>th</sup>. Since childhood, was clever in study. Till 7<sup>th</sup> std, got 80-85%. 8<sup>th</sup> std – 70%. 9<sup>th</sup> std – 60%. In the Xth I could not understand my tuition teacher (from whom I was taking tuition since 4 yrs). Started going to tuition where my friends were going from where I discontinued within 15 days since I could not understand and rejoined the old tuition class. Got 79% in 10<sup>th</sup>. In 11<sup>th</sup> std didn't like to study. I took science stream in which I got 55%. Problems started at school since the beginning of the 12<sup>th</sup>. Started lagging behind in studies. Was scolded by teachers for not doing homework and so was not going to school. All the teachers used to come home to persuade me to attend, yet I didn't go to school and didn't give exam. Was finding fault in everyone. "This teacher is not good. This friend is not good." I could not make any friend at school. I lived alone. Had only one friend who was from Gujarati medium. School teacher said if I take his private tuitions than there would be no need to come to school, yet I didn't wish to study. I passed time at home for 3 months playing video games, watching TV and sleeping.

I liked one girl in 12<sup>th</sup>. I constantly thought about how to talk to her and why she was not doing friendship with me, why she was not talking to me though I was a good boy.

I feel that I want to study hard but I am not able to do anything. I am not able to understand why this is happening.

After I dropped out from 12<sup>th</sup> std., I started becoming very obstinate for things like getting internet connection, asked parents to buy me videogames. My anger was so violent that I have even thrown glass objects and mobile phones. Once I had thrown a pair of scissors. After that incident my parents got me internet connection and got me videogames from play station due to which my anger could be pacified.

I have a thin built. I am very lean. After I dropped out from 12<sup>th</sup> std. I joined gym on my father's constant insistence. My health improved in 4 months span and I have become stronger. I have learnt all the exercises. Since then my anger too has come down. I am obstinate. I want all branded accessories. I take too much time to select things when I go for shopping. I can not decide what to buy even if parents suggest.

Both my maternal aunts' sons – P and K left their studies when they were in 12<sup>th</sup> std and went to London. Hence I also started dreaming of getting settled in London. I was born in London and hence I can go to London very easily without any difficulties. I wanted to go to London after finishing my 12<sup>th</sup> std. but that is not possible now. My maternal uncle has told that I can go if I complete the CCTT course.

I am very much attached to my family members. I have only 3 friends but I am very close to them. I do not get along well with anyone else. Right now I do not have any friends at Ahmedabad College. I had made 1 friend but I soon backed off saying that I could not get along well with him.

I like to eat at restaurants more than the home cooked food. Ganthiya, Pizza, Maggi, Punjabi. At home I like Dosa, Spaghetti, Bhakhri, Paratha, Thepla.

General environment: I like cold weather. Tepid and hot water for bath. Recreations – watch movies, visiting water parks, sea beaches. No addictions.

Dreams- of going to London and settling over there, of making branded accessories and bikes.

Sex- I get attracted to girls but I cannot flirt or talk to them. I feel that I don't know how to communicate. I will create a bad impression in front of girls. Everybody can talk to them but I can not. My friends watch porn but I can not. I feel disgusted and hence they make fun of me.

Past illness: I had complaint of hydrocele when I was 4 yrs old which was operated by Dr. SJ but it recurred within 6 months and so my father took me to homoeopathic doctor. It was cured within 2 ½ month of his treatment. That complaint is no more now.

Currently I am in Indo German Tool Room College since Feb. 09. But in these 3 months I have not attended college for 1 month. Therefore my attendance is not enough. We produced a certificate given by our family physician in Bhavnagar but the college officials did not accept it and started asking me various types of questions. I got very irritated and at once I asked my father to come to Ahmedabad. The head of the department of the college is a very good friend of my father; still I am unable to approach him. My father asked me to meet him but I could not. I can tell about this difficulty to my mother but not to my father. If I want anything I talk to my mother. Can not talk to father under any circumstances. I can not even make an eye contact with him.

Recently father asks me very affectionately so I can tell him. My father asks me to tell him if I have any problem. So this time when sir rejected certificates, I called him to Ahmedabad immediately. Still I told mother that I don't like being here. But after father explained things I have started going to college and taking interest as I want to go to London after doing CCTT course and for that I want to study. But I am repeatedly asking my mother and father why this is happening to me and why I don't like to study.



	Concentration – decreased → Blank Does not like to talk with friend and family – likes to remain alone Difficulty in simple counting of money Memory – poor – immediate and recent past	> No pressure to go to college <sup>3</sup>	
	Appetite – lost Sleep - decreased		

**III. PATIENT AS PERSON (ATTRIBUTE & FUNCTION):**

1. Appearance: lean, thin, with dark wheatish complexion
2. General Impression & Type: Shy & Reserved
3. Skin: N
4. Hair: N
5. Nail: N
6. Eyes: N
7. Ears: N
8. Mouth: N
9. Teeth: N
10. Heat, Warmth: N
11. Coldness: N
12. Oedema: N
13. Perspiration: 2+ Partial: H/O - Nose
14. Appetite: ++
15. Hunger: N
16. Thirst: ++
17. Craving: Fried<sup>2</sup>, Spicy<sup>2</sup>
18. Aversion: Veg
19. Stool: Constipation – Stool – Hard – F – 1/2days
20. Urine: N

**VII. REACTION TO PHYSICAL FACTORS:**

1. Time: Periodicity: N
2. Motion & Position: N
3. Meteorological: Sun - < Headache
4. Physiological Functions: N
5. Sensory Inputs: N
6. Thermal State:

	Summer	Monsoon	Winter
Bath	Cold/Warm	Warm	Hot
Cover	1C	1C	1B
Fan	F	M	S
Woolen			Keeps

**IX. PAST & FAMILY HISTORY:**

Past History: Hydrocele

**IX. GENERAL & SYSTEMIC EXAMINATION:**

General Examination: P – 74 Weight – 54

Systemic Examination: NAD

**XI. SLEEP & DREAM:**

## **XII. LIFE-SPACE:**

Pt is an 18 yrs old male having lean build and wheatish complexion. He was wearing jeans & T-shirts & rimless specs. He had highlighted hair with brown color. He sat with his hands folded and rested on table.

He is born in London & brought up in Bhavnagar. His family consists of GM, F, M, 1YS, Aunt, & 2 Cousins. His uncle died in 95 and so his family is looked after by father. His father has family business with their own shop of specs. He is a very practical and business minded person. He is strict<sup>3</sup> and aggressive in nature.

Since beginning the patient is obstinate and keeps on demanding things until he gets them, while his sister and other cousins would do without things. But theirs being a joint family, his father would have to buy 4 things if he buys something for patient, so he could not meet his demands. Though his father treated everyone equally, patient felt that he should get more than others as he is his own son. Even his mother had told him the same thing - as they were living in joint family his father has to keep everyone equal.

Usually, his father had handled his obstinate demands aggressively and strictly and hence he always remained dissatisfied, not getting the big things which he wanted. All his friends had bicycle and computer, so he also demanded them but his F refused saying that he would buy them after they separated and asked him not to compare with his friends. So he got bicycle when his friends started using scooter and got computer when his friends started using internet and play station! He has a chronic dissatisfaction – “F gave me everything late”. He was fond of wearing branded clothes and new mobiles and bike while his F asked him to wear simple clothes and use simple mobile and buy what he wants when he starts earning. He has a strong feeling that – “My F is never able to understand me”. Due to his father’s aggressiveness the patient could not say anything to him. He would stop talking to his F for 2-3 days, would close the door of his room and weep. He would tell mother to talk to F to bring him the thing he wanted but at times she asked him to speak directly to F which he was not able to do.

His father was also strict regarding studies and he used to enquire regarding studies and result periodically. Due to this, too, he had fear of father and would not tell him the results if he would get less marks. But his F would come to know it from outside and again scold him for not telling the results. His fear of F is so intense that his communication with F has become very limited. If he wants something, he tells it first to his mother and then to his father. He remains anxious before examination about the papers and whether he would be able to write or not, what would be results? Etc...

Since the beginning he is shy<sup>3</sup> and can’t utter a word when amongst the group of school friends or with father’ friends. He can’t even answer in the class though he knows the answer. He would resolve to overcome shyness while at home but when he would be in the class, the same thing would repeat. On deeply asking, what will happen to you? He replied – “he feels inferior – what if he is wrong? – Someone may laugh and insult him.” He has fear that opposite person would look down upon him. As a result of such behavior, his father also expressed contempt towards him, telling him he knew nothing and was like a girl. Father used to give his own example in a very proud and scornful manner that how he was in his young life – how he used to talk with friends, teachers etc... At that time, patient would feel bad and used to feel inferior to his father. He feels –

“I am nothing compared to father”. Whenever these instances occurred with father, friends, or teachers, he felt bad and ran away from that situation and then he cried and felt self-irritation. Since the beginning he likes to purchase and wear branded cloths, shoes etc., which made his friends jealous and they used to tease him that he was not looking good with this type of cloths so then he did not like to go to school.

Up to the 10<sup>th</sup> std, he was good in studies and used to get 70-80%. In 10<sup>th</sup> std too, he got 78% marks. When he was in the 11<sup>th</sup> std, he demanded an internet connection and play station. But his father refused making patient angry. Before this, he used to leave his demand within 2-4 days and become normal in a short time. But this time he was very insistent. He pestered his mother every few days about this and she used to ask him to tell F. His father was not ready for it and he felt his F was not able to understand what is internet and play station and their need. This conflict continued for 2-4 months. This was the time when his irritation increased a lot and this experience added to his chronic dissatisfaction of not getting his desired thing in time from father. He brooded on this only and started losing his interest in studies. He did not like to study and go to school and in the 11<sup>th</sup> std he got only 55%. His F got the internet after 2-4 mths but after that too he was unable to come out of the negative emotions. He gradually lost his appetite and sleep. After this incident, he does not like to study and go to school. He likes to remain alone and does not like to talk with friends and family. He easily becomes irritable and loses his temper. He isn't able to make friends and has started becoming a loner. He cannot concentrate while in the classroom and gets blank while studying. If somebody speaks to him or looks at him, he gets blank and can't answer. He has started feeling depressed and inferior. Because of this state of mind, he is remaining away from friends & finding it difficult to make friends; Whenever with friends he remains silent so friends tease, dominate, and insult him. Then he runs away from the group, looking down; though internally he is very irritated he lacks the courage to go back and tell them. He cries when alone and at times he becomes so much irritable that he would throw and break whatever is at hand like mobile, glass, table etc. His irritation increases thus whenever insulted. Once he was very angry with his teacher when he insulted him before the whole class. He wants to avoid school due to such repeated incidents. His mood improves when he is with internet or play station. He remains depressed and at times he gets thoughts like running away, suicidal thoughts, wanting to remain alone etc... He used to tell this to his parents but they could not understand his problem and felt that his was just pretending to avoid school. He did not want to study and decided to take drop in the 12<sup>th</sup> std. He left the 12<sup>th</sup> std half-way and remained at home playing games, watching TV or sleeping. He had only 2 friends with whom he used to feel comfortable.

Now since 3-4mths he has joined the CCTT course at Ahmedabad. He is living there alone in a flat belonging to his grandparents as he could not get the hostel. Here too, he does not like to study or to go to college, getting irritated just by hearing the name of the college. His cognitive function has also started deteriorating and he has difficulty in counting money for bus fare. His memory has reduced and he has problem in recollecting recent and past events. He just likes to play with mobile, internet & play station and while playing he is getting momentary relief. His communication is good with 2 friends only and with them he feels happy to talk. In college too, he is finding similar problem in classroom with teacher and gives the same type of reactions. Earlier he would forget the matter within 2-4days but now he can't forget.

Now, his father has changed, becoming more liberal and calm but still he is not able to communicate with him. His relation with mother is good and he likes to share with her.

Observation: There was not much eye to eye contact during the whole interview. He would look down or here and there after every answer or while pausing. His tone was low and sad. In between, he used to set his specs stylishly.

### **INTERVIEW WITH PARENTS:**

He was born in London in the 8<sup>th</sup> month of pregnancy. Soon he had jaundice and so he was kept in incubator for 10 days. Afterwards he was alright and at the age of about 1 yr they came back to India.

Here he was intensely loved by his elder uncle. But things changed after uncle died when he was 2 ½ yrs old. Then, all his father's attention was directed towards his uncle's children & wife. His uncle's wife knew buttering and so his father used to give more importance to them and all their wishes were fulfilled. While pt's mother was a straightforward lady & their demands were not fulfilled. She felt that she could not get the place or honor due to a wife until they separated. There used to be frequent quarrels between parents in front of him and so he wondered why his F was behaving like that with mother. He and his mother both felt neglected by F. This feeling is since the age he began to understand the things. If his M loves some children then he feels she cares more for others. Same thing happened when his sister was born when he was 7 yrs old. He felt jealous of her and asked mother to take care of him first. This continued for about 2-3yrs.

Till the 10<sup>th</sup> std he was praised for his cool and calm nature. Even teachers used to say that he is very calm. He was sensitive to other's suffering. If anyone in the house was ill he felt like crying and told M to do something needful. He would be scared when his F used to beat his cousin who was too much mischievous. In spite of that, his cousin was very much free and attached with father. He used to sleep and freely talk with father which pt could not do. His F was strict and so since the beginning he has fear of F and could not demand anything from F. If he wanted anything, he could communicate either through sister or M. There used to be constant comparison by F between pt and cousin which the pt did not like. His sister too is very free and communicative with father and is easily able to put forward her demand to father.

He is shy and never interferes in other's matter. He never does wrong things e.g. if he is standing in queue then he waits till his turn comes and never tries to cross others due to his internal fear of getting scolded and insulted. If he is asked to buy something without money from his F's familiar shop, then also he would refuse that how he should ask without giving money. If once insulted, he would never repeat the same thing again. He is so shy that he would never change cloths in front of others even when he was a child. He feels, his body is weak and what if others comment about his body parts. He spends time in front of mirror to look good. Many a times, he asks his M why his head is enlarged while others are round. He keeps his hair in certain fashion to hide his head. He is also choosy regarding cloths but his mind is wavering and can't decide what to buy.

He feels he does not know how to talk with others. What if he makes some mistake in speaking and someone insults him? But actually, those around him admire his

way of talking. He makes no attempts to do something which he feels he would not be able to do.

He has chronic dissatisfaction that he has got everything late. He demanded for cycle in 5<sup>th</sup> but his F denied, even though he told M that he would commit suicide by jumping from the terrace. His F gave him cycle in 7<sup>th</sup> std. Though his F kept everyone equally he felt he should get more being his son. He wanted branded cloths but his F refused saying he could buy them after he starts earning. He wants to live in a certain manner. He tells his F – “I would not demand anything other than mobile and computer.”

His complaints have started since the 11<sup>th</sup> std. He did not like going to school and college saying that teachers are not good and not interested in teaching. They ask question to him only, they scold and insult him only though others are more mischievous. On enquiry the father found that the teachers were good with him and they never intended to harm him. Mother also said that though there is sometimes genuine insult by the father, many a times he just imagines it. He feels male teachers are jealous of him and so they insult him. He gets along well with female teacher. He does not like to talk to girls and do the things which boys of his age would like and so they used to pass bad comment like – “you are like girls” which irritate him. Recently in college, he answers in English on which his teachers insulted him telling that others student do not understand English and so he should answer in Gujrati. This happened 2-3 times and since then he has developed hatred for the teacher.

If anyone insults or says “No”, he develops irritation and hatred for that person and then the relationship suffers. His anger started increasing after 10<sup>th</sup> std only and whenever he becomes angry he expresses it in intense manner like grinding of teeth, face becomes red, clenches fist, eyes becomes bigger, striking legs on floor, kicks the things, throws and breaks things. He throws and breaks whatever comes in his hands. If his M cries due to his anger, he calms down, says sorry and repents.

He lacks confidence and as the exam approaches, he talks of leaving studies and coming back. He also compares himself with father and feels he is nothing compared to father.

Parents have give one more reason for development of problem from 11<sup>th</sup> std onward i.e. – he has desire to go to London and during this period his 2 cousins (Sons of MA) went to London and with them he was very much attached. Currently too, he has extreme desire to go to London.

Observation: F was very dominating not allowing M to talk much but at the same time he was receptive too.