

# ICR PUNE SYMPOSIUM 2010

On

*Exploring Scope of Homoeopathy*

*in Indoor Patient Care*

**5<sup>th</sup> to 7<sup>th</sup> February 2010**

*Introduction:*

Indoor management of patients is an exciting field which has always mesmerized the medical student and proved to be a challenge to the physician who is in the throes of patient management. This field is ideally suited to apply the principles of Action-Result complex and build up Actionable Knowledge. Indoor patient management is without doubt a team effort and affords an infinite variety of opportunities to speed up one's learning. The rapidity with which clinical conditions evolve, demand that one is on one's toes to deliver results. There is little scope for trial & error method. Hence it poses the ultimate challenge to the young Homoeopath. It also gives immense satisfaction when results delivered help to reinforce the faith of not just patients but also specialists of other systems in Homoeopathy. Taking up this challenge will take Homoeopathy closer to the Final Frontier to make it a Total health care system of the next decade.

Dr. M.L. Dhawale Memorial Homoeopathic Institute has done pioneering work in Homoeopathic IPD management. The Institute has explored various aspects of Homoeopathic IPD over the last 15 years through a network of 5 Homoeopathic hospitals in the urban as well as rural areas. The Rural Homoeopathic hospital, Palghar has been recognized as a centre for excellence of Patient care as part of a Department of AYUSH initiative. The Cottage hospital at Bhopoli has catered to the needs of tribals in Thane district & served more than 1 lakh patients. A Holistic Mother & Child Center as a public private partnership venture with Mumbai Municipal Corporation together with our oldest hospital, the Malad PG centre, have been catering to the needs of the middle class in suburban Mumbai. A study of more than 500 deliveries has been conducted with Homoeopathic intervention. The hospital in Karjan, Gujarat caters to health needs of 99 villages of Karjan taluka through community health initiatives.

### *The Symposium on Indoor Patient Care: The Challenge*

This challenge was taken up by the Pune team as part of the joint venture between Dr. M. L. Dhawale Memorial Trust & Maharashtra Technical Education Society. It was a challenge to set up a Homoeopathic IPD in an established Multispecialty Hospital. The venture was seen as an opportunity to utilize the expertise of our allopathic experts in managing cases which needed Intensive care. During the year we gradually gained confidence of patients as well as the allopathic specialists and at the end of the year we had treated 129 patients. The experiences were enriching. This has broadened our view of the scope of Homoeopathy in IPD management and gave a boost to our confidence of managing a Homoeopathic IPD. The Holistic concept of IPD management through the integrated model became the foundation of our work. Unlike the prevalent trend in IPD of managing predominantly acute cases, a newer aspect of management of chronic conditions was explored. The spectrum of conditions belonging to systems like Cardiology, Neurology, Nephrology, Respiratory, Oncology, Endocrinology, Psychiatry and Gastroenterology were managed with Homoeopathy. At times, intensive care was also provided through a makeshift intensive care unit created in the ward with the help of allopathic specialists.

This Symposium is an effort to conceptualize the experiences over the past fifteen years so that we can take newer challenges of the future through Total Health care with Homoeopathy.

### *What is the need to take up the challenge?*

- To withstand pressures of delivering results in time constrained situations.
- To understand the importance of team in a coordinated effort of indoor care.
- To apply the knowledge of ancillary care in association with experts in the field.
- To prove the efficacy of Homoeopathy in emergency & critical care conditions.
- To establish Homoeopathy as first choice in all types of health care.

### *What would we gain from successfully taking on the challenge?*

- To learn the approach to clinical diagnosis.
- To be a better clinician by integrating clinical judgment with modern investigations.
- To enhance the knowledge base and learning better clinico-pathological correlations.
- To understand the process of formulation of a well rounded totality.
- To reinvent approaches of prescribing in acute & chronic complicated clinical cases.
- Retrospect, analyze and give feedbacks to the treating team as well as to yourself.
- To unveil the differential world of Materia Medica.
- To analyze the follow-up and enhance second prescription.

### *Who can join this challenge?*

Any keen student of Homoeopathy who may be -

- An undergraduate or a postgraduate, who wants to experience depth of Homoeopathy.
- A Teacher, who wishes to inspire the students and instill confidence about Homoeopathy.
- A Practitioner, who wishes to widen his perspective towards the practice of Homoeopathy.

### *What should we do to succeed in this challenge?*

Accept the Principles of Action Learning and act as follows:

- Study the case material, follow the directives and take your actions in the case.
- Present your views during the symposium and receive the views of your colleagues.
- Contrast your actions with the actions taken by the presenters (those who have treated)
- Evaluate the presentation on the basis of the objectives set by the team.
- Apply the learning by taking up newer challenges in your own work.
- Associate with other specialists and form your own team to encourage others.

### *Where & When is this happening?*

Date : 5<sup>th</sup> Feb to 7<sup>th</sup> Feb 2010

Venue : Auditorium , 8<sup>th</sup> Floor , Deenanath Mangeshkar Hospital Erandwane. Pune-411004.

Fees : Rs 1200 /- ( For P.G Students & Practitioners )

Rs. 1000/- ( for U.G Students and Interns)

Early Bird benefit – Register by 20<sup>th</sup> January and pay only Rs 1000/-

(Fees include Case material, Lunch & Tea for 3 days )

Program : 5<sup>th</sup> & 6<sup>th</sup> February, 9am to 6pm - Case Discussions & Presentation

7<sup>th</sup> February, 9am to 1pm – Presentation on Emergency Medicine &

Live Demonstration of emergency procedures by Dr Prasad Rajhans & team of Emergency Medicine ,Deenanath Hospital.

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## *Come Join The Challenge*