

DR. M. L. DHAWALE MEMORIAL HOMOEOPATHIC INSTITUTE

BMC's Mother and Child Holistic Care Centre,
Harishankar Joshi Marg, Dahisar East, Mumbai 400 068.
Tel: 022-28281140; 32924965, E-mail: mldtoff@mtnl.net.in

6th April 2009

To
The Principal

Respected Sir/ Madam,

SUB: 3-day CME programme in Mother and Child Care from 28th May-30th May 2009.

I am pleased to inform you that the Department of AYUSH, Ministry of Health and Family Welfare, Govt. of India has sanctioned us a CME programme on Mother and Child Care for Medical Officers and Teachers of Homoeopathic Colleges.

Background

In spite of all the advances in modern medicine in diagnostic and interventional technologies and drug therapeutics, the maternal mortality rate in India is a shocking 301/100,000, one of the highest for any developing country. Women in the child bearing group i.e. 15-44 yrs form about 19% of the population and remain a group at special risk. Similarly the Neonatal and Infant mortality rates are 40/1000 and 58/1000 respectively. It is plain that the allopathic approach alone has been insufficient to impact the care of the mothers and children in our country and it is necessary for us to utilize Homoeopathic intervention to ensure a better outcome.

Homoeopathy in Mother and Child Care

November 2007 saw the launching of a National Campaign on Homoeopathy for Mother and Child Care by the Department of AYUSH. This has been followed by a series of State level workshops in many states in India. The objective of these has been to sensitize the stakeholders to the advantages of Homoeopathy in this segment. These are to be followed by training programmes which will equip the homoeopathic medical officers with the required knowledge and skills to intervene effectively.

The Dr. M. L. Dhawale Trust has been doing pioneering work in the field of Mother and Child care since the last 6 years. This has been lauded by the Department of AYUSH and our field programme is viewed as a role model to be adapted in other parts of the country. We have acquired extensive experience in the Holistic management of the Mother and Child-both in the community as well as in the hospitals we run. The process of conceptualization was accelerated when we organized a symposium in October 2008 on "**Homeopathy for Safe Motherhood**" with the slogan *Healthy Mother-Healthy Child-Healthy Family-Healthy Nation-The Homoeopathic Way*. This symposium was attended by about 160 homoeopathic physicians from various parts of India who shared their varied experiences in this field. As a result of this we are now in the process of formulating standardized treatment protocols.

The Department of AYUSH through the Central Scheme for AYUSH in Public Health Initiatives has funded our Mother and Child Care projects which will reach out to 50

villages in Vikramgarh taluka of Thane District in Maharashtra and 93 villages in Karjan taluka in Vadodara District in Gujarat. The Trust has also been chosen as the Service NGO under the RCH programme by the Ministry of Health and Family Welfare to provide services in the M & C segment in Vikramgarh taluka, the only Homoeopathic NGO to be so chosen. Thus this is a good opportunity to work together in formulating strategies and planning projects with Homoeopathy which will integrate it with the National Rural and Urban Health Missions and thus mainstream Homoeopathy in Public Health Programmes of the country.

Principles underlying the approach to Mother and Child care

A Homoeopathic physician is uniquely placed to cater to the care of the Mother and Child unit. The Homoeopathic approach is total and encompasses all the three aspects of Health care-the Curative, the Preventive and the Promotive. The growing unit of the mother and fetus and later the child is in need of all the three inputs to safeguard health and to allow growth to its full potential. Thus a homoeopath can favorably influence the course of pregnancy in all the stages.

In order to perform this task, he should adopt the clinical viewpoint to the whole process of pregnancy, labour and the postnatal conditions with the system adapting to the changing internal and external conditions. Successive changes occurring at different stages in the woman can be understood only through a close study of the expressions. When this evolutionary-clinical point is wedded to the philosophical perspective of susceptibility, we can evolve an approach which is truly homoeopathic in its outlook. What would remain is to work out the application in different stages of pregnancy and different clinical conditions. We should be able to assess the manner in which this process should be aided by the dynamic force represented by the Homoeopathic remedy.

Aims of the CME

The aim of the CME is to equip the Homoeopathic physician with the knowledge base needed for early detection of common difficulties of pregnancy and in the newborn, the ability to differentiate what can be managed with Homoeopathic intervention alone and where there would be a need of the specialist. We should equip him with the skill-set for appropriate homoeopathic intervention.

Methodology

To achieve the above, the CME will be conducted more as a workshop with experts coming from a clinical background with homoeopathic experience and aware of the limits and scope of Homoeopathic science. Help would be taken of the specialists to provide the point of view of the Obstetrics and Pediatrics disciplines. These inputs will be integrated so that the applications of these concepts at the bed-side will be clear.

Thus presentations would be kept to the minimum and case based discussions and interactive sessions would give the participants the feel of handling the conditions in actuality. Simulatory conditions would be devised to deliver the experience. Efforts would be made to address issues which are commonly faced in the field where specialist help is not readily available. Reference material including case material would be made available well in advance to enable the participant to attend with prior preparation.

Participants and Facilities

There are only 30 seats in the programme to be filled on a first come first served basis. You are requested to sponsor a suitable teacher/ medical officer from your institution. They will be eligible for reimbursement of the actual fare (rail fare of AC 2 tier class) and Boarding and lodging facilities.

Venue and Dates

Dates for Program: **28th, 29th, 30th May 2009**

Venue: Dr. M .L. Dhawale Memorial Trust's
BMC's Holistic Mother and Child Care Hospital
Harishankar Joshi Marg, Dahisar (East)
Mumbai – 400 068.
Tel: 28481140/ 32924965.

May I request you to put up the letter on the Notice Board and circulate it to the staff of the concerned Departments? We would like to register the participants so that the course material may be sent to them well in advance.

Kindly have the interested teacher fill in the attached form and let us have your recommendation by the **15th May 2009.**

For any further details please contact the Dahisar office (address given above) or call me in person on 09323691618 or email me on drdineshrao68@gmail.com

Thanking you,

Yours sincerely,

Dr Dinesh Rao
*Reader, Dept of Gen Medicine, MLDMHI, Palghar
& Coordinator, CME Programme on Mother and Child.*

APPLICATION FORM FOR CME ON MOTHER & CHILD HEALTH

To
The Principal,
Dr. M. L. Dhawale Memorial Homoeopathic Institute,
BMC's Holistic Mother and Child Care Centre,
Harishankar Joshi Marg, Dahisar (East),
Mumbai, 400068.



Sir,
Please enroll my name for CME on Mother & Child health
(Fill in Block letters)

Name: _____
(Surname) (Name) (Father's/Husband's name)

Age: _____ Sex: _____

Qualifications: _____ Board/University: _____

Year of Passing: _____

Correspondence Address: _____

Address of College / Hospital / Dispensary: _____

Telephone no. with STD code: Res. _____ College: _____

Mobile: _____ Email .ID _____

Designation: _____

Experience: (a) Teaching _____ Years Department _____

(b) Professional _____ Years

(c) Research Experience _____ (Years) Please attach a separate sheet

detailing the nature of Research undertaken.

Whether previously attended any CME? Yes / No

If Yes, when and where _____

Expectation from this programme _____

Date: _____

Signature of the Applicant

RECOMMENDATION

Application of Dr. _____ working in the

Department of _____ as _____

since _____ is recommended for undergoing the CME programme at

your institute. The details furnished by the applicant are true to the best of my knowledge and

as per the college records / office records.

Date: _____

Name of the Principal / Superintended / Head of the Hospital

Signature

Office Seal